ACTA Trial of the Year Consumer Involvement Award



miracle babies

Collaboration

Melinda Cruz





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NHMRC

my boys





the beginning of our consumer rep journey

Why the need for parent involvement in trials?



what's been achieved so far

- AI and CI on numerous trials
- coauthored 10 medical publications
- international presentations in Italy, Germany, US, Canada & NZ
- engagement of neonatal families for information and data
- committee positions including PSANZ, ANZNN and Australian Red Cross Blood Service Milk Bank
- winner of the ACTA Consumer Involvement Award

TORPIDO 30/60

1,470 babies <29 weeks gestation

Test initial oxygen concentration of 30% or 60%

Improves survival without disability









TORPIDO 30/60

Consent during delivery is a challenge

Optimum initial oxygen concentration for preterm infants unknown for over 30 years

Restricting enrolment to prior consent excludes the sickest and those born as emergencies.

Deferring consent until after randomization can result in post-randomization exclusion bias

Guided by NHMRC National Statement on Ethical Conduct of Research - waiver of consent was sought





TORPIDO 30/60

Open session to the Hunter and New England Human Research Ethics Committee :

- Parents in shock find it difficult to make acute decisions about research
- Knowing their babies' treatment has not been validated causes distress
- Parents preferred knowing that the 'without prior consent' study their baby is in was approved by HRECs
- Evidence that participating in Phase III trials is associated with better outcomes and survival, compared to usual care



TORPIDO 30/60

What is important to parents :

That their feelings are considered, and that the opt out for secondary outcomes and follow up outcomes will be respected

That their experience is contributing to something larger, the improvement of medical care for all babies





"This is a question that hasn't been answered for 30 years...

on treatments that are already happening"



TORPIDO 30/60

Hunter and New England HREC voted unanimously to allow the waiver of consent



Where to from here?









A dvancing L arge, collectively P rioritized trials for H ealth outcomes A ssessment worldwide

AIMS

The ALPHA Collaboration is a global initiative promoting a network-of-networks to embed large, simple trials of between 5,000 and 50,000 or more participants in routine care.

"Ten times larger and faster, at one tenth the cost"





The **ALPHA** Collaboration

A dvancing L arge, collectively P rioritized trials for H ealth outcomes A ssessment worldwide

AIMS

We plan to engage thousands of parents and former patients alongside other stakeholders in international prioritization exercises to identify key questions for future RCTs to improve disability-free survival.

"Ten times larger and faster, at one tenth the cost"



A dvancing L arge, collectively P rioritized trials for H ealth outcomes A ssessment worldwide

Let's make this one of the first questions parents and patients want to ask us:

"Are there any trials we can join?"

"Ten times larger and faster, at one tenth the cost"

consumer reps / parent voice

The requests:

- o Panels / Committees
- o On research as investigators
- o Reviewing documents such as policies, strategies, brochures etc
- o Presentations / Keynotes / Talks
- o Access to NICU / SCN families for data collection eg online surveys, focus groups





consumer reps / parent voice

Development of :

- o Application / Induction / Training process for parents
- o Online request form for health professionals requesting consumers
- o Working Toolkit and secretariat support for consumers
- o Guidelines for parents and health professionals
- o Process on documenting time and outcomes/impact



same goal – better, healthier families

Grow consumer involvement

Raise the awareness of trials

Trials that are ten times larger and faster, at one tenth the cost

Embed trials into routine care

Parents asking "are there any trials we can join?"

