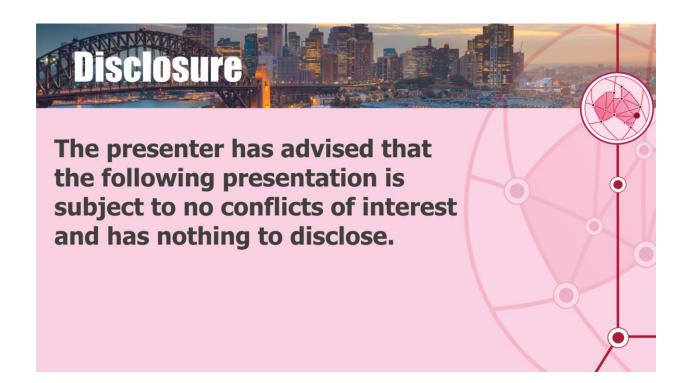


### **Acknowledgement of country**

I acknowledge the Traditional Custodians of the land upon which we meet today, the Gadigal people of the Eora Nation. I also pay respect to Elders past, present and emerging, and extend that respect to other Aboriginal and Torres Strait Islander people who are here today













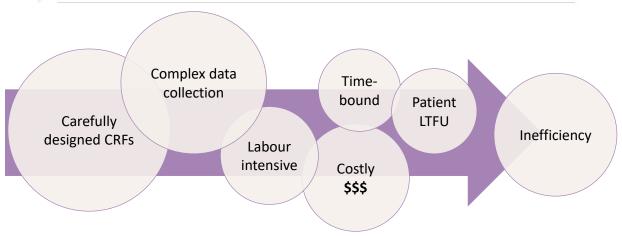
# Routine data in randomised controlled trials: The George Institute for Global Health experience



#### Carinna Hockham

On behalf of the Catalyst Program Working Group on Routine Data in Clinical Trials and trial investigators

# **Conventional RCTs are slow**



We need ways to get around these issues



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# Data are being generated all the time





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# Data are being generated all the time

Advantages of using routine data in RCTs:

- Reduces the operational burden as compared to de novo data collection
- More cost-effective for long-term follow-up
- More reflective of real-world events or practice

The challenge is how to best make use of this data.



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### Routine data

- Any data that are created and maintained <u>externally to a trial</u>
- As a by-product of patient care or service provision
- Typically linked, through an algorithm, to trial participants





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# Three trials





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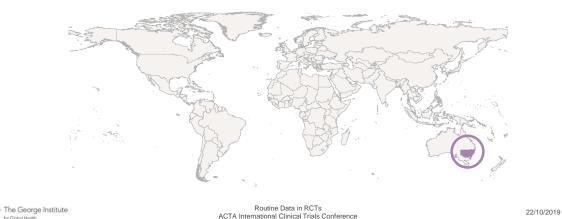
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# <u>Con</u>sumer <u>Navigation of Electronic</u> <u>Cardiovascular Tools</u>



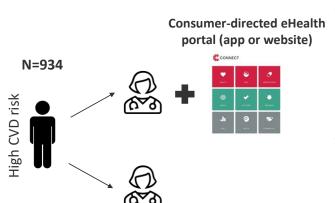
Objective: To investigate whether a consumer-focused eHealth strategy can improve CV health in individuals at high risk of CVD





## <u>Con</u>sumer <u>N</u>avigation of <u>E</u>lectronic Cardiovascular Tools





- Outcomes of interest:
  - Medication adherence
  - Clinical targets
     (e.g. BP, cholesterol)
  - Lifestyle risk factors
- Data collection through:
  - Questionnaires at baseline,
     and 24 months
  - 2. Linked PBS data



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# Salt Substitute and Stroke Study

Objective: To investigate whether a reduction in sodium intake through a low-sodium salt substitute reduces the risk of stroke.





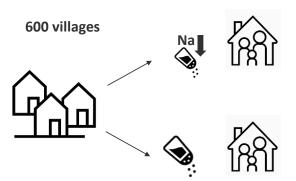
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# Salt Substitute and Stroke Study



35 participants/village Total N=20,996

- Primary outcome: Stroke
- Suspected events through:
  - 1. 6mth questionnaires (first 24mth)
  - 2. Linked NCMS data
  - 3. Linked national mortality surveillance
- Independent adjudication of suspected events



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## <u>Randomised Evaluation of Sodium Dialysate</u> Levels on Vascular Events



Objective: To evaluate the effect of sodium dialysate levels on mortality and cardiovascular outcomes in haemodialysis patients.





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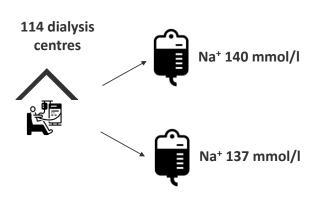
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### <u>Randomised Evaluation of Sodium Dialysate</u> Levels on Vascular Events





Total N >10,000

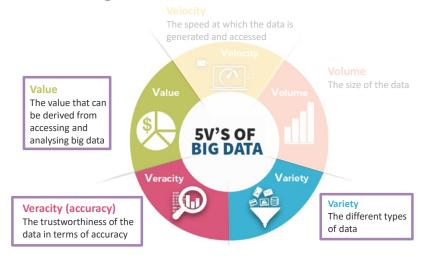
- · Outcomes of interest:
  - Major CV events
  - All-cause mortality
- Data collection through:
  - Linked dialysis registry data OR EHRs OR private provider network records
  - 2. Active data collection through eCRFs



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# Five V's of Big Data





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### Variety in data and processes

#### SSaSS:

- 10 counties in northern China
- 1 county = 1 health insurance provider
  - → Data vendors
  - → Data platforms

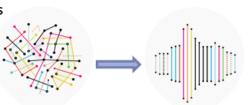
#### **RESOLVE:**

- Linked data from >1 countries and in multiple jurisdictions
  - → Different data custodians
  - → Different privacy laws

### **Processes for data access**

**File formats** 

**Data variables** 



Variable formats

**Identifying information** 

**Data transfer restrictions** 



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### Variety: lessons learned

- Speak to key stakeholders and vendors up front
- Relationships and buy-in are key
- Involve government stakeholders
- Know their data data dictionaries, in-depth discussions
- Understand their internal processes & arrange timelines around them



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# Variety: lessons learned





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# **Veracity (accuracy)**

- Two levels to think about:
  - 1. Uncertainty in the raw data
  - 2. Uncertainty in using this data to derive outcomes of interest



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# Veracity (accuracy)

- Two levels to think about:
  - 1. Uncertainty in the raw data
  - 2. Uncertainty in using this data to derive outcomes of interest

#### SSaSS:

- Standardised mortality reporting across surveillance sites
- Underreporting is a problem
- Validation study: Cause of death in death registry compared to SSaSS-adjudicated data collected in first 24 months



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# Veracity (accuracy)

- Two levels to think about:
  - 1. Uncertainty in the raw data
  - 2. Uncertainty in using this data to derive outcomes of interest

### CONNECT:

PBS dataset (original variables)	Clinical knowledge & assumptions	Statistical programing	Derived adherence
Date of supply	Typical dosage		Proportion of Days
Packet size	Medicine switching		Covered



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### **Value**

Value of routine data can be assessed in terms of cost or the information it provides

#### All trials

Reduces trial burden on participants

### CONNECT

- Reduces recall bias
- Limitations to self-reported adherence scales → routine data provides more detailed information



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### **Value**

#### **SSaSS**

- Huge undertaking to actively collect data for ~21,000 participants
   → routine data is faster and costs 40% less
- Also provides additional medical information not always available from self-report, and over a long time period

#### **RESOLVE**

 Pragmatic approach to evaluating the comparative effectiveness of two default dialysate sodium concentrations in real-world conditions



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### **Value**

Pros	Cons	
(Often) Cheaper	Not always in your control	
Reduces participant burden	Requires participants to be accessing healthcare	
Reduces burden on site staff & monitors	Increases burden on data managers & trial statisticians	
Can provide richer information	Can be difficult to validate	

Up to researchers to weigh up the benefits and costs of using routine data



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# **Summary**

- Routine data has the potential to transform the way we do randomised controlled trials
- It shifts the burden from research nurses and monitors to statisticians and data managers who need to wrangle the data → this should not be underestimated
- Not a silver bullet and decisions need to be made about whether the use of routine data is appropriate
- Thoughtful development of rigorous processes is needed to maximise trial quality and integrity



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# Thank you



The George Institute

for Global Health

#### For help with this presentation

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#### **Trial Investigators**

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